



Newsletter

20 *Años*
CONSTRUYENDO
COMUNIDAD



**Amigos de
San Cristóbal**
Fundación Comunitaria

DECEMBER 2025





At Amigos de San Cristóbal, we close the year by reaffirming our conviction that real change **is woven through everyday actions and through the leadership of communities**. The end of the year in any organization is always intense and demanding, but we did not want to miss the opportunity to share with you, in this edition of our newsletter, the most relevant highlights from the past three months.

It has been a crucial period of work for our team: we carried out our semiannual project visits to closely observe their impact; we have been immersed in the selection process of new initiatives that will become part of our **network of partner organizations in 2026**; and we have focused on preparing reports that account to our funders for the invaluable work being carried out in Los Altos de Chiapas. This internal work is enriched by the **stories we share** on our social media, where you can see the achievements of these local organizations that work day in and day out to improve the living conditions of the most vulnerable populations. As the year draws to a close and we look back, **we do so with great pride** in all that we have achieved thanks to your support.

We invite you to celebrate these successes with us and to continue fostering, with your talent and your generosity, a more just and sustainable future. Thank you for being part of this community!

Thank you to all the companies, funding partners, and individuals who donated to the projects this year.

The year 2026 will bring new challenges, but also great opportunities to continue making a difference in our environment. We invite you to continue walking this path together. And may the New Year find us building opportunities for all, dignity, and peace.

With gratitude and commitment

Board of Directors and Operations Team

Amigos de San Cristóbal, A.C.

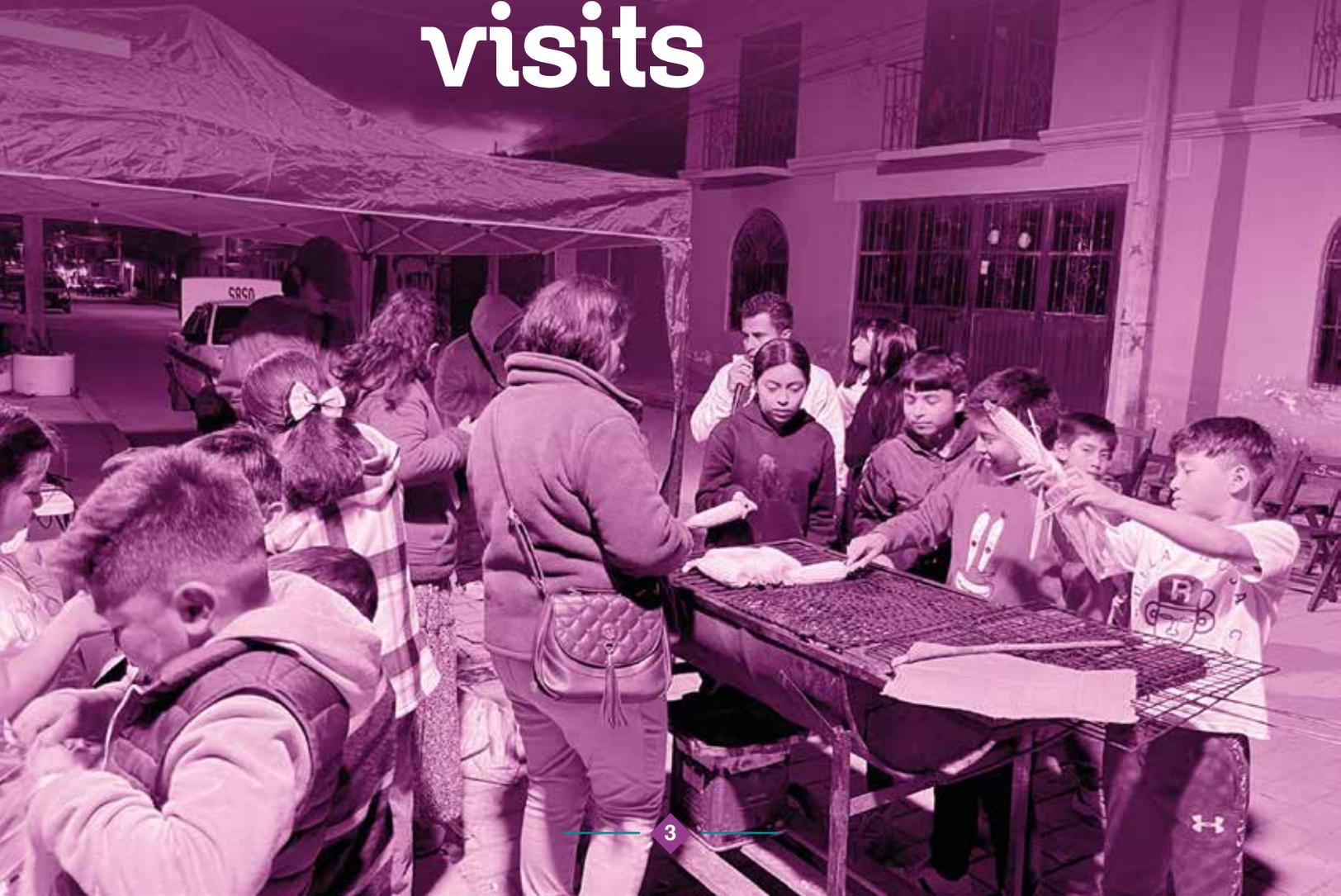
*Happy
Holidays*

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Project monitoring visits



PROJECT MONITORING VISITS

During the month of November, our colleague Paty carried out the semiannual monitoring visits to the projects. Here's how they went:

❖ Melel Xojobal, A.C.

The interventions and activities carried out by this organization with children always take place outdoors. On this occasion, they were held in the cathedral plaza, where the children's parents sell handicrafts. Educators facilitated an activity with the children to help them identify and express their emotions. The children shared their experiences related to family, school, and the work environment they are part of on a daily basis. The children expressed their happiness at having a safe and welcoming space twice a week, where they can play, interact, learn, and express their feelings. They also shared the reasons why they work, the importance of play and social interaction, and emphasized that this space represents a place of safety for them, as it allows them to remain close to their families.



❖ Promedios de Comunicación Comunitaria, A.C.

During the activity, the children had the opportunity to listen to one of the radio programs they had produced themselves. With great excitement, they recognized their own voices, laughter, and stories, narrating tales collectively created through their imagination and collaboration. The children listened to themselves, valuing their own voices and discovering the power of storytelling.

“El Fogón de las Palabras: Community Storytelling Laboratory” strengthens creative popular communication skills in both children and adults, enabling them to develop their own narratives through radio programs that combine art and technology.



❖ Hogar Comunitario Yach'il Antzetic, A.C.

We accompanied this organization during the project visit at Ignacio Zaragoza Seguin Elementary School, located in Ranchería Huitepec Los Alcanfores. This process began in April, and during this visit the team carried out the final evaluation with fourth-grade students, focusing on the importance of communication, respectful behavior, and teamwork.

These activities aim to strengthen a more equitable and inclusive school environment, prevent situations of violence, promote the use of negotiation tools in the classroom, and integrate a gender perspective into the daily life of the educational community.



❖ **Foro para el Desarrollo Sustentable, A.C. (Semillero 259 y Patrulla Roja)**

As part of the follow-up to the project “Agroecological Community for Buen Vivir,” we accompanied the Semillero 259 collective and Patrulla Roja Crew in the Prudencio Moscoso neighborhood. Children and adolescents enthusiastically shared their experience of planting and harvesting their own milpa, reflecting together on the importance of maize in our diet and in our history. The group got everyone moving with a Hip Hop activity, and to close the day on a high note, we shared roasted corn and a hot cup of coffee, celebrating togetherness, collective work, and the small yet meaningful achievements that strengthen our community. This project promotes self-care, conscious nutrition, physical activity, and community building, while passing on to new generations a love for the land, culture, and local knowledge.



❖ CONIDER, A.C.

As part of the “Misma Luna” project, we accompanied CONIDER (Cooperación y Organización Integral para el Desarrollo Rural, A.C.) during its visit to Secondary School No. 77 in San Juan Cancuc, Chiapas. This project aims to implement a comprehensive menstrual education program for girls and adolescents in Indigenous communities, promoting knowledge, health, and dignity. During the visit, an informational workshop was conducted in the Tzeltal language, posters created by students in a previous activity were shared, and sanitary kits were distributed to the participants.

Each action and each encounter represents another step toward a future where all girls and adolescents have access to information, hygiene products, and safe spaces to take control of their health.



❖ Agua y Vida: Mujeres, Derechos y Ambiente, A.C.

The visit took place during the State Gathering for Water, “Women Are Water and Wetland,” which brought together 27 women from different collectives in October to analyze water-related issues in San Cristóbal and other regions. Discussions focused on the impacts of water grabbing and pollution caused by large companies —particularly bottling and mining corporations— and how these impacts affect women in particular.

The workshop included an analysis of data on corporate water use, as well as group work in which participants expressed their experiences, emotions, challenges, and achievements as water defenders through drawings. The final plenary session provided space to share these reflections and strengthen mutual support among collectives.

The activity contributed to a shared understanding of water conflicts and to recognizing the role of women in water defense.



❖ Tierra Roja Cuxtitali, A.C.

The visit to Tierra Roja Cuxtitali took place during CUXTIFEST de la Paz, an event that the organization holds each year to promote community interaction among the families of children and adolescents who participate in its educational project, together with partner organizations. The day included workshops and activities such as singing, games, aerial dance, and the sale of products to support the project. Mothers, fathers, children, adolescents, and collaborators took part in organizing and promoting the event, creating a joyful and participatory atmosphere.

In addition, a group of children offered guided tours to present the different projects of Tierra Roja and the space where their agroecological initiative is carried out.



❖ FOCA (Formación y Capacitación), A.C.

The visit took place on the day of the Ninth State Gathering of Midwives, which brought together 120 traditional midwives from different municipalities across the state, accompanied by organizations such as FOCA A.C. The gathering created a space for collective reflection on the practice of traditional midwifery, its impact on local territories, and the main challenges, needs, and strategies midwives face in their daily work. Advances and results of the work carried out in the Los Altos region were also shared, and Guatemalan midwives participated, providing context on legal advocacy and public policy struggles related to midwifery in their country.

Within the framework of the gathering, FOCA, A.C. recognized the work of the participating midwives through the presentation of certificates and the delivery of kits with medical and healing supplies to strengthen their practice.



❖ IDEAS - Ch'ieltik, A.C.

During our follow-up visit to the IDEAS–Ch'ieltik project, we accompanied a group of young people in a workshop held last week at a primary school in the municipality of Chenalhó, at the CECYT campus (College of Scientific and Technological Studies of the State of Chiapas).

During the activity, topics such as self-awareness and emotional management were addressed, along with the importance of non-discrimination and expressing how young people feel when they experience aggression. There was also reflection on respect for diversity and the need to validate everyone's feelings, acknowledging that girls generally tend to express their emotions more openly, while boys do so less frequently.

Participants worked in teams, creating statues that symbolized different types of emotions. At the end of the session, they proposed solutions for building relationships based on respect and non-discrimination.

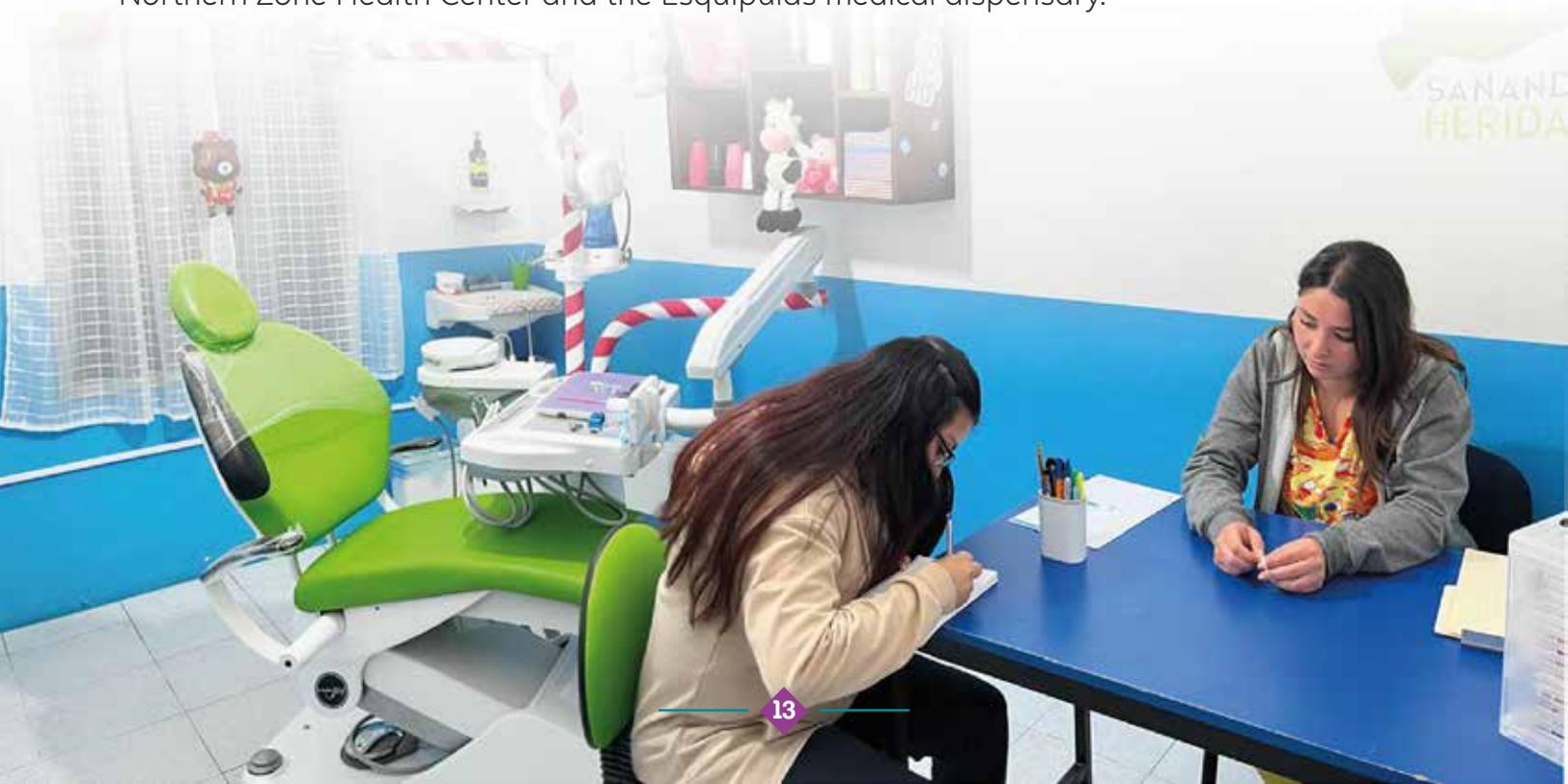


❁ **Sanando Heridas, A.C.**

We are very pleased to share the remarkable progress of the Dental Clinic and its community health approach. This service is vital, especially for the population of the Los Altos region of Chiapas. The person in charge shared several key achievements with us:

1. The establishment of monthly dental care in seven communities, where people are beginning to recognize the importance of oral health—an especially significant achievement in areas where this service is scarce or difficult to access due to the lack of health services.
2. The promotion of healthy habits in schools within Indigenous communities through the implementation of a dental health training cycle in preschools and primary schools as part of preventive activities.

In addition, the clinic applies a comprehensive strategy that links this work with the promotion of healthy nutrition and engages in network-based collaboration, referring patients from the Northern Zone Health Center and the Esquipulas medical dispensary.





Partnerships



PARTNERSHIPS

Visit by a representative of the Hahnair Foundation

On October 24, we had the opportunity to meet with our dear Nico Gormsen from the Hahnair Foundation, one of our partners in Germany.

We are deeply grateful for his trust and sensitivity toward the causes of Los Altos de Chiapas, as well as for the support that, over the years, has made it possible to promote numerous projects and organizations committed to improving health, education, and the environment in communities living in vulnerable conditions.



2025 Community Foundations Gathering and Comunalía Annual Assembly

Each conversation and workshop at this gathering (held in Mexico City) was an opportunity to remember why we do what we do and to reaffirm that transformation is born locally—within organized communities that come together to build a shared future. Beatriz, our Executive Director, and Hileana, Chair of the Board, represented our foundation at this important meeting, sharing everyday challenges, operational knowledge, and hopes with leaders from other community foundations across the country.

On the second day, Luis Ruiz Saucedo assumed the role of President of the Comunalía Board, receiving the responsibility from outgoing president Carlos García Miranda and taking on the leadership of strengthening community foundations in Mexico. A new stage begins, filled with enthusiasm and fresh ideas for the planning of the coming year.



Concerts by the San Cristóbal Symphony Orchestra and Choir

On October 14, at the Daniel Zebadúa Theater, the orchestra delighted the audience with film soundtracks. On December 11, we experienced a truly special evening with a full house at the concert celebrating the first anniversary of the San Cristóbal Symphony Orchestra and Choir, held at the Hermanos Domínguez Theater. It was a joyful and talented performance, the result of the collective effort of young people, children, their families, teachers, the artistic director, and sponsors, who make it possible for 270 students to receive training in this discipline and discover the magic of music. At Amigos de San Cristóbal, we feel deeply happy and proud to be part of this great project.





Strengthening



STRENGTHENING

REDECIM workshop

On November 11, we attended the REDECIM workshop online: “Global Funds for Your Cause: How to Access and Apply for International Cooperation.”

REDECIM —the Mexican International Cooperation Network— brings together more than 110 social organizations from 23 states across the country and shared valuable insights on how to access international funding opportunities. Securing these resources does not happen overnight; it requires strategic planning, clear objectives, and a solid vision of your cause. It also involves carefully mapping the right doors to knock on those that truly align with an organization’s mission and values. It was an inspiring reminder that international cooperation begins at home: with committed teams, transparency, clear causes, and strong collective work.





Testimonial Video

On October 23, the documentary and testimonial video of the forum “Amigos de San Cristóbal: 20 Years of Impact in the Region” was released. This event took place in August and included the participation of invited organizations. During the forum, we confirmed that our work goes beyond financial support; it is the result of shared commitment, collective effort, and the collaboration of everyone who believes in building a stronger community.

For this reason, we felt it was important to capture the testimonies of the panel participants in this audiovisual piece, in order to share it with the general public and our donors.

The video can be found at:



<https://youtu.be/EnRIPDtOlos>



Donate



2025 Membership Renewal Campaign

From now on you can **purchase or renew your membership with Amigos de San Cristóbal, A.C.**

It is a way of belonging, of contributing to our cause in a symbolic way, and of supporting projects.

- 1 • **Individual** (\$300 pesos once a year) and family (\$500 pesos annually).
- 2 • **Small companies** (\$2,500 pesos per year).
- 3 • **Residents of Spain** or countries with euro currency (€15 euros per year, individual membership and €25 euros per year, family membership).
- 4 • **U.S. residents** (\$15 dollars per year, individual membership and \$25 dollars per year, family membership).

For more information, contact us



967 678 3374



amigosdesc.org/membresias



Become a powerful change maker

Fundación Comunitaria **amigos** de San Cristóbal A.C.

Donate, inspire, and transform!

You can be part of this solidarity movement to transform the lives of hundreds of families in Los Altos de Chiapas, A.C.!

Get your membership

Friend partner	Family friend
€15 USD	€25 USD

ANNUAL MEMBERSHIP

At **Amigos de San Cristóbal, A.C.**, we raise funds and accompany local organizations so that their projects become realities that transform lives.

Here are the projects supported in 2025:
<https://bit.ly/ASC2025-English>



Other ways to donate:

If you live in the **U.S.** and would like to donate to Amigos de San Cristóbal's projects while receiving a tax deduction, you can do so through our fundraising allies:



ICF (International Community Foundation)

<https://icfdn.org/donate/?form=FUNLFBVZHDSJ>



MEF (Maya Educational Foundation)

<https://mayaedufound.org/amigos-de-san-cristobal/>

They will ensure your donation is tax-deductible in the U.S.

You can also donate from Mexico or other countries through:



bit.ly/PayPalAmigosSC



bit.ly/Amigos45642

Your donation is more than money, it's the hope for a more just and sustainable future for hundreds of families.

JOIN US AS A AMIGO COMPANY

Join the group of entrepreneurs that is already transforming their environment



Generate impact and social responsibility with the support of Amigos de San Cristobal A.C. As a Amigo Company, you will be part of a community of companies, social investors, in Los Altos de Chiapas that contribute to the improvement of the living conditions of our community.

AMIGO COMPANIES 2025





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